

# Gluten Free Houston

Gluten Free Houston was founded in 2009 by a woman in search of something good to eat.

As a person with a gluten intolerance known as celiac disease, she was disappointed with the commercially available gluten free foods, so she started making her own. Gluten Free Houston products are now widely available through the Chef Ex program.



Gluten Free Houston products are produced with 100% gluten free ingredients in a 100% gluten free commercial kitchen. Cross-contamination with wheat can be a big problem for those with gluten intolerance. Even the slightest exposure can cause extreme illness. Gluten Free Houston's commitment to a completely gluten free environment is the reason why the gluten free community has complete trust in its products.



*Gluten Free Houston ships via FedEx Standard Overnight Mon-Thurs.  
NO REFUSALS / NO RETURNS  
DAMAGE CLAIMS MUST BE FILED WITHIN 48 HOURS*



**Sour Cream Cinn.  
Coffee Cake Muffins**  
24/5 oz  
**SUPC 0341653**  
GF delicious



**Blueberry Muffins**  
24/5 oz  
**SUPC 0341554**  
GF juicy blueberry muffin



**Carrot Cake Muffins**  
24/2.5 oz  
**SUPC 0341798**  
GF sweet muffin



**GF Carrot Cake Muffins**  
24/5 oz  
**SUPC 0341687**  
GF sweet muffin



**Sour Cream Cinnamon  
Coffee Cake Muffins**  
24/2.5 oz  
**SUPC 0341733**  
GF delicious muffin



**Blueberry Muffins**  
24/2.5 oz  
**SUPC 0341715**  
GF sweet & delicious



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**Snickerdoodle Cookie,**  
**36/1 oz**  
**SUPC 0342081**  
GF cinnamon sugar cookie



**Snickerdoodle Cookie,**  
**36/2 oz**  
**SUPC 0342481**  
GF cinnamon sugar cookie



**Chocolate Chip Cookie**  
**36/1 oz**  
**SUPC 0342582**  
GF chewy chocolate chips



**Chocolate Chip Cookie**  
**36/2 oz**  
**SUPC 0342596**  
GF chewy chocolate chips



**Chocolate Almond Biscotti**  
**36/1 oz**  
**SUPC 0342646**  
Crunchy sweet biscotti



**9" Pizza Crusts**  
**36/6 oz**  
**SUPC 0342747**  
GF thin crust



**12" Pizza crusts**  
**36/10.5 oz**  
**SUPC 0342756**  
GF thin crust



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**9" Pumpkin Pie**  
**10/2.5 lb**  
**SUPC 0342842**  
GF creamy pumpkin



**5" Pumpkin Pie**  
**24/14 oz**  
**SUPC 0343729**  
GF creamy pumpkin



**Ready to Bake 9" Pie**  
**Crusts**  
**24 /10 oz**  
**SUPC 0343808**  
GF light & flaky pastry



**Ready to Bake 5" Pie**  
**Crusts**  
**24/8 oz**  
**SUPC 0343832**  
GF light & flaky pastry



**9" Pecan pie**  
**10/2.5 oz**  
**SUPC 0342889**  
GF rich with pecans



**5" Pecan pie**  
**24/14 oz**  
**SUPC 0342780**  
GF rich with pecans



**9" Apple pie**  
**6/3 lb**  
**SUPC 0342792**  
GF stuffed with sweet apples



**5" Apple pie**  
**24/14 oz**  
**SUPC 0343679**  
GF sweet & crusty



**GF/DF Vanilla**  
**Cupcakes 32 ct.**  
**SUPC 0684177**  
Gluten Free/Dairy Free



**Chocolate Cupcakes**  
**32/3 oz**  
**SUPC 0624918**  
GF dark, creamy chocolate



**Carrot Cake Cupcakes**  
**32/3 oz**  
**SUPC 0624930**  
GF carrot cupcakes



**Red Velvet Cupcakes**  
**32/3 oz**  
**SUPC 0624926**  
GF Southern specialty



**GF/DF Vanilla**  
**Cupcakes 32 ct.**  
**SUPC 0684177**  
Gluten Free/Dairy Free



**Vanilla Cupcakes**  
**32/3 oz**  
**SUPC 0344004**  
GF creamy & sweet



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**Sandwich Bread**

**6/21 oz**

**SUPC 0339368**

GF white sandwich bread



**Sourdough Sandwich Bread**

**6/18 oz**

**SUPC 0339475**

GF/DF sandwich bread



**Multi-Grain Sandwich Bread**

**6/24 oz**

**SUPC 0339505**

GF dark grain bread



**Burger/Sandwich Buns**

**24/3.5 oz**

**SUPC 0339764**

GF/DF fluffy bun



**Hot Dog Buns**

**24/3 oz**

**SUPC 0339784**

GF/DF fluffy bun



**Gluten Free Dairy Free Pumpkin Bread Loaf**

**6/23 oz**

**SUPC 0341309**



**GF English Muffins**

**24/3.5 oz**

**SUPC 0624900**

GF light English Muffins



**Dinner Rolls**

**72/1.75 oz**

**SUPC 0340774**

GF/DF light & fluffy



**Vanilla Pound Cake**

**6/23 oz**

**SUPC 0341519**

GF white & sweet



**Lemon Pound Cake**

**6/23 oz**

**SUPC 0341390**

GF sweet & lemon-y



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