

Founded in 1986, family-owned Goose Valley Ranch™ is nestled high in California's Cascade Mountains, south of Mt. Shasta. A longtime practitioner of sustainable agriculture, Goose Valley grows more certified organic and natural wild rice than any other place in America.

Goose Valley is the only wild rice *grown* by a family in one location, *milled* by them, and *packaged* in an organic certified facility, giving Goose Valley a consistent product every year. The mountain climate, red volcanic soil, and clean water from spring snow melt are the secret ingredients which give Goose Valley Wild Rice™ its special earthy nutty flavor.



**ORGANIC WILD RICE  
GRADE A BLACK JUMBO  
4/5lb  
SUPC 0834709**  
Family Reserve  
California Estate Grown  
100% Organic Wild Rice  
**Cook time 50 minutes**  
Kernel Size 3/4" x 1/16"  
Kosher certified • gluten free  
100% whole grain  
5g protein • 2g fiber per serving



**NATURAL WILD RICE  
GRADE A BLACK JUMBO  
4/5lb  
SUPC 0834737**  
Family Reserve  
California Estate Grown  
100% Wild Rice  
**Cook time 50 minutes**  
Kernel Size 3/4" x 1/16"  
Kosher certified • gluten free  
100% whole grain  
5g protein • 2g fiber per serving



**BROWN & WILD RICE  
NATURAL FUSION®  
4/5 lb  
SUPC 0834772**  
Basmati Brown Rice, Wild Rice, Red Rice, Calmochi  
Sweet Brown Rice  
**Cook time 30 minutes**  
Kosher certified • gluten free  
100% whole grain  
5g protein • 4g fiber per serving



**RICE & BEAN  
NATURAL FUSION®  
4/4 lb  
SUPC 0837288**  
Brown Rice, Black Bean, Red Bean, Wild Rice, Red Rice  
**Cook time 30 minutes**  
Kosher certified, • gluten free  
50% whole grain  
5g fiber • 5g protein per serving



**BASMATI & WILD RICE  
NATURAL FUSION®  
4/5 lb  
SUPC 0837340**  
Basmati White Rice, Wild Rice  
**Cook time 15 minutes**  
Kosher certified • gluten free  
Good source of whole grain  
3g protein • 2g fiber per serving



**ARBORIO & WILD RICE  
NATURAL FUSION®  
4/5 lb  
SUPC 0837239**  
Arborio Rice, Wild Rice  
**Cook time 20 minutes**  
Kosher certified • gluten free  
Good source of whole grain  
3g protein per serving




**Goose Valley Natural Foods™ ships via FedEx Ground Mon-Fri  
NO REFUSALS / NO RETURNS  
DAMAGE CLAIMS MUST BE FILED WITHIN 48 HOURS**





**NEW ITEM!**

**RICE BLEND NATURAL  
FUSION® VARIETY PACK  
4/1 EACH  
SUPC 1236617**

Variety pack contains:  
Basmati & Wild Fusion, 5lb bag;  
Rice & Bean Fusion, 4lb bag;  
Brown & Wild Fusion, 5lb bag;  
Arborio & Wild Fusion, 5lb bag.

**Cook times vary**  
Kosher certified • gluten free  
Good source of whole grain



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