



## Wholesome Harvest Organic Meats



*"The meats from Wholesome Harvest are the **finest quality** that I've had the pleasure to prepare – bar none! I don't think it's a coincidence that the level of commitment to the land, the animals, and the people who manage them should produce such high-quality foods." – **Matthew Crudder, Executive Chef, Sodexo***



**Wholesome Harvest** is a coalition of over 40 small American family farms that:

- **Voluntarily surpasses** USDA Organic standards with higher animal welfare, social justice and gourmet flavor. Never allows **any** confinement or feedlot farming.
- Offers certified organic **heirloom pork, beef, lamb, chicken, and turkey** products.
- Feeds animals only **organic vegetarian feed**, never animal by-products, hormones, antibiotics, or genetically modified or pesticide treated feed.
- Is pledged to **domestic fair trade with the farmer-owners**, domestically sourcing to improve the environment and water in the USA and not importing.
- Is the **first meat company in USA to offer a complete traceability system**, building a bridge between chefs and small farmers.

*"Wholesome Harvest poultry and meats are **outstanding products** that embody sustainable methods." **Chef Nora Pouillon, Restaurant Nora/Asia Nora, Washington, DC***

*"Wholesome Harvest's organic meats are popular in my restaurant because they **taste great** and they support local sustainable agriculture which means a lot to my customers. When people think of organic meat they want meat from small family farms – not confinement building operations. I like that we've gotten **consistently delicious poultry and meats** from Wholesome Harvest over the years." **Kurt Friese, Executive Chef, Devotay Restaurant, Iowa city; Regional Governor of Slow Food USA***



*"The meat **tasted great!**"*

***Michael Chenal, Executive Chef, Neiman Marcus Café, McLean, VA***

Organic Certified Chicken		
Boneless, Skinless Chicken Breasts	12 / 13 oz avg	4873398
Whole Chicken Broilers	6 / 3-4 lb avg	4873412
Chicken Wings – Detipped & Dejointed	8 / 6.25 lb avg	4873385
Whole Chicken Leg – FROZEN	1 / 20 lb avg	6505459

### EAT WELL, SAVE THE EARTH...AND THE SMALL FARMS ON IT

Wholesome Harvest now ships two times a week!  
 Orders received by 8am CST on Monday ship on Monday via FedEx Next Day to arrive on Tuesday;  
 orders received by 4pm CST on Wednesday ship on Thursday via FedEx Next Day to arrive on Friday.



You can order ChefEx products in two simple ways:

- Contact your local Marketing Associate or Customer Service Department
- Access eSYSCO

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**NO REFUSALS / NO RETURNS**  
**DAMAGE CLAIMS MUST BE FILED WITHIN 48 HOURS**





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Organic Certified Pork		
Ham, Hickory-smoked – FROZEN	6 / 6.25 lb avg	6068955
Pork, BBQ, Pulled, Certified Organic	12 / 1 lb avg	6505436
Pork, boneless butt roast	10 / 2 lb	6245550
Pork chops, center cut	50 / 8 oz portion	6067429
Pork chops (rib end)	32 / 12 oz portion	6067587
Pork chops (sirloin end)	40 / 12 oz portion	6067462
Pork loin rib end roast	2 / 10 lb avg	6068896
Pork loin sirloin end roast	2 / 10 lb avg	6068912
Pork loin, bone in	5 / 12 lb avg	6068064
Pork St. Louis ribs	14 / 1.5 lb avg	6215539
Hickory-smoked Italian sausage (4 oz link)	24 / 12 oz pkg	6068987
Hickory-smoked bratwurst (4 oz link)	24 / 12 oz pkg	6068963
Hickory-smoked breakfast links, sage	288 / 1 oz	6068975
Hickory-smoked bacon, nitrate-free	24 / 12 oz	6069011

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## Wholesome Harvest Organic Poultry

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Organic Certified Lamb		
Rack of lamb, frenched	20 / 1 lb avg racks	6210603
Rack of lamb, frenched	10 / 2 lb avg	6069001
Lamb loin chops	80 / 4 oz chops	6210615
½ Leg of lamb, bone in	10 / 2.5 lb avg	6210625
Ground lamb	12 / 1 lb pks	4873466
Lamb sirloin chops	80 / 4 oz chops	6068999
Lamb hind shank	20 / 1.25 lb avg	4873425
Lamb fore shank	20 / 1.25 lb avg	4873430

Organic Certified Beef		
Beef brisket	5 / 6 lb avg	4873297
Beef short ribs	10 / 2.5 lb avg racks	4873349
Beef Choice tenderloin, Frozen	6 / 5 lb	6215598
Beef whole inside round	2 / 15 lb avg	4873289
Beef burger patties	6 / 5 lb avg	4873354
Ground beef	12 / 1 lb	4873275
Top sirloin steaks, dry aged	25 / 8 oz portion	6215588
NY Strip steak, dry aged	40 / 12 oz portion	6069035
Beef liver	20 / 1 lb pkgs	4685669

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