

Segev Food

tavor TAHINI is 100% pure sesame seeds

tavor Middle Eastern Tahini is the outcome of hulled, lightly roasted and crushed sesame seeds. The result is a silky smooth paste with a creamy texture. This delicious paste with its unique flavor is a major ingredient in hummus dip (mashed chickpeas) and Tahini sauce, “the mayonnaise” of the Middle East..

Versatile in all types of cooking, tahini is very popular all throughout the Middle East and is utilized in a wide variety of everyday dishes. However, it is mainly used as a basic vehicle in many sauces and dips, and as a healthy substitute for butter on bread. A common sauce is made from tahini, lemon juice, garlic, salt, and, at times, other seasonings. This tangy mixture can be served by itself as an appetizer, or combined with avocados, chickpeas, eggplants, potatoes, and a number of other vegetables to create vegetarian delights. It is served with fish and all types of barbecued meats, or employed as a dressing in sandwiches and salads. It is also excellent for seasoning soups and stews and as an ingredient in candies or baking products. A mix of an equal amount of this paste and honey makes a tasty, healthy syrup, which is great with pancakes and waffles or as a morning dip for bread.



Tahini is very nutritious, containing many of the food values needed by the human body. It has no cholesterol, is relatively sodium free, and is made up from about 50% fat(91% unsaturated), 20% protein, 16% carbohydrates, 5% fibre. It also contains a good amount of calcium, iron, potassium, phosphorus, and vitamins C and E. In the Middle Eastern lands it has long been believed that, when combined with legumes, tahini becomes the ultimate human edible.

tavor TAHINI Paste
6/1 LB
SUPC 0702094



tavor 100% ORGANIC TAHINI Paste
6/1 LB
SUPC 0702102



**Segev Food International ships FedEx standard ground service Mon-Fri
NO REFUSALS / NO RETURNS
DAMAGE CLAIMS MUST BE FILED WITHIN 48 HOURS**



tavor TAHINI is 100% pure sesame seeds

tavor TAHINI Paste
12/1 LB
SUPC 0702116



tavor 100% ORGANIC TAHINI Paste
12/1 LB
SUPC 0702124



tavor TAHINI Paste
1/40 LB
SUPC 0702132



tavor 100% ORGANIC TAHINI Paste
1/40 LB
SUPC 0702140



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